

## Module Aims

This module aims to
1.Enable students to identify defining features of communities and their determinants of health
2. Demonstrate an understanding of the concepts of mental health and mental illness and the impact of mental disorder on individuals and the wider community
3. Enable students to develop group working skills


Assessment: Please give details of indicative assessment tasks below.

1. Team presentation (50\%): In pairs, students will define a community of their choice, search for and present literature and data to describe that community and illustrate its key determinants of health. One mark will be attributed to each team.
2. Coursework (50\%) Students will participate in series of weekly online VLE discussions in which they will consider material relating to the concepts of mental health and illness within communities, supporting their arguments with relevant literature and statistics.

| Assessment <br> number | Learning <br> Outcomes to <br> be met | Type of assessment | Weighting <br> (\%) | Duration <br> (if exam) | Word count <br> (or equivalent if <br> appropriate) |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 1 | $1-3$ | Presentation | $50 \%$ | 10 mins |  |
| 2 | 4 | Coursework | $50 \%$ |  | 1250 |

## Learning and Teaching Strategies:

Interactive lectures will be used to provide core knowledge. This will be supported by online materials, group work and tutorials. An online Moodle forum will be established to facilitate discussion and the sharing of learning and resources within the student community. Students will undertake directed team learning activities to enable them to undertake the team project and presentation.

Independent learning will be spent researching and reading in support of the subject area and preparing for assessments

## Syllabus outline:

Concepts, theories and contested definitions of health and illness. Factors affecting community health in relation to physical, social and economic determinants within a community.

Definitions of public health and health promotion, family, community and population health. Community health and community development.

The history of and development of statutory, voluntary and private sectors in health and community. Resources for health in community settings including the role of multidisciplinary health and social agencies

Mental health and mental illness, perspectives of mental illness, the ten essential shared capabilities, mental health worldwide, mental health, stigma and society.

## Bibliography:

## Essential reading

Filer, N (2013) The Shock of the Fall London: Harper Collins
Hawtin, M and Percy Smith J (2007) Community Profiling: A Practical Guide. Open University Press

Ledwith, M (2011) Community Development: A Critical Approach. Bristol UK: Policy Press.
Naidoo, J and Wills, J (2008) Health Studies: An Introduction. Second edition. Palgrave Macmillan

Pilgrim, D., 2014. Key concepts in mental health. 3rd ed. London: Sage.

## Indicative reading

Coombes, E, Allen, D, Appleton, J (2008) Health Needs Assessment: Theory and Practice Second edition. London, Churchill Livingstone

Department of Health (2004) The Ten Essential Shared Capabilities available from http://www.iapt.nhs.uk/silo/files/10-essential-shared-capabilities.pdf

Mental Health Foundation (2007) Fundamental Facts available from http://www.mentalhealth.org.uk/content/assets/PDF/publications/fundamental facts 2007.pdf ?view=Standard

## Useful Websites:

Office for National Statistics https://www.ons.gov.uk/
Public Health England https://www.gov.uk/government/organisations/public-health-england
Public Health Wales www.publichealthwales.wales.nhs.uk

